

# Stockholm Cricket Club Junior Cricket

Policy Document

## Executive Summary

A Junior Cricket Program is a key to the long term success of the club, being both feeder of “talent” to the senior men’s team but also a connection to the local community. The Junior Cricket program, for children and teenagers, will be launched in a phased approach. First focusing on the youngest segment, in a Cricket School concept, then over time introducing age groups based teams.

This document outlines the policy for Junior Cricket Program as approved by the board of the Stockholm Cricket Club.

## Table of Contents

Executive Summary.....	1
Table of Contents.....	2
The Club .....	3
History.....	3
Organisation.....	3
Vision.....	3
Junior Cricket Program.....	5
Overview .....	5
Approach to Junior Cricket.....	5
Development Program.....	5
Participants .....	8
Overview .....	8
Players.....	8
Leaders.....	8
Parents .....	9
Organisation & Control .....	11
Technical Cricketing Committee .....	11
Administrative Office (Kansli) .....	11
Team Structure .....	11
Financial Management .....	11
Equipment Management.....	12
Disciplinary Committee.....	12
Appendix A - Education.....	13
Appendix B – Recommendations for Junior Cricket .....	15

## The Club

### History

In 1948 the Stockholm Cricket club was formed by embassy staff from cricket playing nations. From being one of the few cricket clubs in Sweden in the 1970s to the 1990s the Club was unarguably the leading cricket club in Stockholm. However, soon after the formation of the Swedish Cricket Federation the club stopped playing competitive cricket until the merger with the KTH Cricket Club and BCA Cricket Club in 2016.

### Organisation

The board of the Stockholm Cricket Club is made up of 5 people:

- Karl Langston – Chairman (Ordförande)
- Manu Lund – Board Member (Ledamot)
- Prem Krishna – Board Member (Ledamot)
- Shrikant Sakpal – Board Member (Ledamot)
- Surendra Kumar – Board Member (Ledamot)
- Viswanadha Bazawada – Board Member (Ledamot)

### Vision

#### *Our Vision*

The vision for the Stockholm Cricket Club is to be the leading amateur cricket club in Stockholm.

#### *How to get there.*

There are three pillars to realize the long and short term aspirations of the club as expressed in this vision:

- People
- Social
- Financial discipline

The reason for the clubs existence is to allow people to participate in and play cricket, to achieve this we will:

- Welcome all people to the club, regardless of their background or cricket playing ability
- Give everyone an equal opportunity to play cricket.
- Provide the type of cricket that our playing members want to play. Support anyone and everyone who wants to organise a match on behalf of the club or start a team.
- Support children in learning to play cricket.

The club was founded as a social cricket team, to continue this we will:

- Always try our best and support our team mates when playing, but winning is not always the most important thing.

- Provide a meeting place, both for people from different cultures and also for those with a similar interest in cricket

For the club to exist and provide the opportunity for players it needs to be solvent, therefore the club needs to be run with financial discipline. We will:

- Endeavour to keep the cost of playing down so that it is accessible for everyone
- Seek to grow non-fee based income

## Junior Cricket Program

### Overview

A Junior Cricket Program, for children and teenagers, is imperative for the long term success of the club. Acting both as a feeder of “talent” to the senior men’s team but also building a connection to the local community. The program must define the development objectives for participants in order to achieve this goal.

The Junior Cricket program will be launched in a phased approach. First focusing on the youngest segment, in a Cricket School concept, then over time introducing age groups based teams. As a result there is less detail for higher age groups than for the younger participants.

### Approach to Junior Cricket

The key elements of our approach to our Junior Cricket program are:

- **Fun** - It must be fun for children. For children to develop and want to continue being active and playing cricket all training sessions must be fun.
- **Local** - We must be local and near to where children live. To encourage children to start playing cricket training sessions need to be held in an area close to where they live.
- **Youngst First** - We must introduce sport to the youngest first. We should focus on the youngest age segment first, and slowly expand through to other age segments.
- **Create a meeting place** - We must take a chance and create a place for children to come to first and not wait for them. We will follow the idea of “built it and they will come”, in that we need to have somewhere for children to come prior to attracting them to the sport.
- **Skilled Coaches** - We must develop our coaches and trainers so they can help children reach their goals. Having coaches that can work well with children and that are knowledgeable on cricket skills is a key to success, we need to develop our coaches so they have the required skills.

### Development Program

With the Junior Cricket program there will be a development program (as shown in Figure 1) covering 3 learning phases (initial, intermediate and advanced) that reflect the learning objectives defined by the club and their corresponding age groups. The program starts with introducing children to cricket through the “Cricket School”, after which formal participation in the sport is developed through Age Group teams (U15, U17 & U19).

Age	Program Structure	Learning Objective	
20	U19 Team	<ul style="list-style-type: none"> <li>Master key techniques used in cricket, prepare for senior cricket, start learning strategy used in cricket (T20, Limited Overs)</li> <li>Have fun</li> </ul>	Advanced
15	U17 Team	<ul style="list-style-type: none"> <li>Have fun and enjoy the game of cricket</li> <li>Learn to basic techniques used to play cricket (batting, bowling, fielding)</li> <li>Learn the laws of cricket, and play within the spirit of cricket</li> <li>Introduction to cricket strategy</li> </ul>	Intermediate
	U15 Team		
10	Cricket School	<ul style="list-style-type: none"> <li>Have fun, enjoy being active through sport</li> <li>Learn control over their body, balance and movement, applicable to all sports</li> <li>Introduction to basic techniques used to play cricket (batting, bowling, fielding)</li> <li>Introduction to the rules and the spirit of cricket</li> </ul>	Initial
6			

Figure 1 Development Program Learning Objectives

### Cricket School

With a focus on children aged 6 to 13 years old, with or without experience of cricket, the Cricket School is the first step in the Development Program. At an initial level, children will

- Have fun, enjoy being active and participating in sport (cricket)
- Learn control over their body, balance and movement
- Become familiar with basic techniques used to play cricket (batting, bowling, fielding)
- Be introduced the rules and the spirit of cricket (fair play)

In the absence of guidance from the Swedish Cricket Federation (SCF), the development approach used will be a combination of:

- **ECB's "Kwik Cricket"** - Using kwik cricket equipment , rules for matches, and achievement award goals
- **NZ Crickets "Active Cricket"** - Using Active Cricket's training session structure and session activity material.

A traditional age segment would be 5 to 10 years old. Given the status of the sport and limited numbers of participating children the age group has been set at 6 to 13. This should be evaluated and adjusted as deemed appropriate.

### Competitions

The SCF organises no team competitions at the U13 level. There is a proposal within clubs in Stockholm is to have friendly matches in order to given children the experience of playing competitively. The Cricket School leaders should consider opportunities as and when they arise.

### Age Groups – U15 & U17

This age group introduces team based competition to participants, where teams are divided by specific age groups reflecting the physical maturity of the participants. The primary goal is still that children have fun while playing, however an increasing focus is placed upon acquiring the individual skills required to play cricket.

At an intermediate level (ages 14 to 17), children will:

- Learn basic techniques used to play cricket (batting, bowling, fielding)
- Learn rules and the spirit of cricket (fair play)
- Be introduced to initial elements of cricket strategy

This age group is not a focus area for the club at this point in time. Therefore the development approach is not complete.

### Competitions

The SCF organises no team competitions at the U15 and U17 level.

### Age Group – U19

Continuing a focus on having fun and participating in a team competition, an increased focus within the U19 age group is placed upon acquiring the individual skills required to play cricket and preparing participants for a transition into senior club cricket.

At an advanced level (ages 18 to 19), children will:

- Master basic techniques used to play cricket (batting, bowling, fielding), and start to specialise
- Learn rules and the spirit of cricket (fair play)
- Learn to think about cricket strategically for matches (T20 and limited overs) and from the application of skills and technique (construct and innings, bowl to a batsman)

This age group is not a focus area for the club at this point in time. Therefore the development approach is not complete.

### Competitions

The SCF organises a team competition (U19 level).

## Participants

### Overview

There are 3 groups of people who are participants in our Junior Cricket program; the Players, the Leaders, and the Parents. Without these three groups working together and aligned to the values of the Stockholm Cricket Club the Junior cricket program will not be successful.

### Players

The players are the reason for the Junior Cricket program. It is the belief of the Stockholm Cricket Club that participation of children in cricket provides not only the reward of being active but also teaches a lifelong lesson in fair-play through the spirit of cricket.

### Player Ethics - The Club Spirit

It is important that all player behaviour reflects the rules that apply to the club both on and off the field.

Think about:

- Regularly take part in the club activities and be punctual when participating in these
- Support your team mates and do your best on and off the field
- Always play with the spirit of cricket in mind
- Respect for the umpires
- Respect for the opposition
- Respect your coach and team leaders
- Respect for the game
- Winning is not always the most important thing

Most importantly, have fun. Cricket is a game that we all enjoy, we are here to share this joy and socialise.

### Leaders

#### Leader Ethics

Our leaders, including coaches, are leaders of children. As such our leaders shall instil a belief in team work, mate-ship or camaraderie, and give children a positive view of all people. They should have a goal that our club provides players a broad and good knowledge of cricket's basic skills and techniques and not solely focus on table placement and results first.

To live up to this, it is important that all leaders:



- Have a positive approach to coaching and motivating their players during training and matches
- Create a positive relationship with the opposition and umpires
- Follow the Junior development plan and team selection principals for junior cricket
- Let players have different roles so they have a multi-dimensional development
- Be prepared to release players to other teams or development programs to allow those players to further develop their talent
- Stimulate children by letting them play other sports in the “off” season, thereby improving their motor-skills

### Leader Recruitment

Leaders in Junior cricket, whether coaches or other roles supporting the team, often come from current and former player or parents. All leaders within the Stockholm Cricket Club are volunteers, giving their time for free. Their motivation may be a desire to give something back to the game, grow personally or help their own family.

Coaches and leaders of team should talk to parents of children participating in one of our cricket programs. Informing them the need for help in our program, plus the voluntary nature of people that are involved.

Current and former players can be canvased as to their interest in helping with the Junior program. In time older children, who are motivated, can be encouraged to help in training sessions with younger children, to bridge the age gap and help their own personal development.

### Leader Education

In the Junior Cricket program it is critical that the coaches and trainers for youth team have the right skills to enable children to realise their goals, therefore coaches must also have a development program to bring their skills up to minimum levels. Areas to cover include cricketing skills, working with youth and health

The club shall work with SISU to provide general education to coaches in respect to the training needs of youth, and the SCF to improve the technical development of youth. Identified education for coaches is further detailed in Appendix A - Education.

### Parents

#### Our most important Resource

Parents are our most important resource and at the same time a child’s source of security providing emotional support and help overcoming challenges. Parents provide “ground services” taking children to and from training or matches, and at the same time they provide a complementary perspective by being a good role model.

The Stockholm Cricket Club needs active parents that support, take initiative and when needed back-up coaches.

## Parental Ethics

Parents also need guidelines on how they best can support their children, some we believe in are:

- Ensure your child comes to training in good time
- Follow your child to training as often as possible
- Let the coaches have responsibility for your child during training and matches. Your involvement can be confusing for your child.
- Receive information for the Club and Team in the form of email or attending meetings or the club website
- Let your child have fun
- Motivate in a positive manner, similarly provide constructive criticism
- Ask if the match was fun and exciting, not just after the result
- Remember that it is your child who plays cricket, not you.

## Organisation & Control

Within the Junior Program there will be different teams reflecting the age groups of the participants. As each team can operate independently of each other to align and keep control over the program the club provides guidance on the Team Structure and Financial Management of teams.

### Technical Cricketing Committee

The Technical Cricketing Committee will be responsible for:

- Defining the learning objectives for each age segment in the junior program.

### Administrative Office (Kansli)

The clubs administrative office (Kansli) will be responsible for:

- Reporting; to the clubs board and other affiliated entities (including the SCF)
- Membership; management of membership registers
- Commercial & Finance; Sponsorship, Budgeting, AP/AR processes, and LÖK-stöd/Narvaro applications.
- Equipment; provisioning of equipment required by teams
- Communication; Media management, website and idrottonline

### Team Structure

The following roles, which maybe combined and fulfilled by one person, are recommended for each team:

- Coach - Responsible for the training.
- Team Manager - Responsible for the general management of the team, including and communication to the club, participants and the opposition teams.
- Team Cashier - Responsible for the financial management of the team.
- Equipment Manager - Responsible for the management of the equipment required by the team, and as provided by the Club.

### Financial Management

The Junior Cricket program shall be financially separate from Senior Cricket program within the club, but subject to the financial controls of the Club. Working with the Admin Office, the team shall provide:

- Yearly Budget - The budget for the financial year, covering all aspects of the team's revenues and expenses (including player's activity fee and shared service fees to the club) shall be approved by the board.
- Quarterly Reporting - The summary of the financial status of the Junior Program, consolidating each team, shall be reported to the board on a quarterly basis.

## Equipment Management

The Admin Office will manage the inventory of all equipment owned by the club. Each Junior Team shall be receive a set of team equipment at the start of the season. The Team's Equipment Manager is responsible for the return of all equipment, being personally liable for missing articles.

## Disciplinary Committee

The club shall appoint a disciplinary committee to ensure compliance to club rules and as required adherence to those specific rules defined by competitions that a team representing the club may participate in.

## Appendix A - Education

### Coaches Education

The following defined education objectives are defined for coaches to meet per each learning phase.

Learning Phase	SISU	ICC/SCF	SCC
	General education on coaching of youth	Cricket skills coaching	Specific requirements from the club
<b>Initial</b>	<ul style="list-style-type: none"><li>▪ Ny som Ledare</li><li>▪ Plattformen - barn och ungdom</li><li>▪ FaR för Barn och Unga</li></ul>	<ul style="list-style-type: none"><li>▪ ECB Certificate in Coaching Children's Cricket</li></ul>	<ul style="list-style-type: none"><li>▪ Review of the Club's Junior Cricket Policy</li><li>▪ Review of "Kwik cricket" material</li><li>▪ Review of "Active Cricket" material</li></ul>
<b>Intermediate</b>	<ul style="list-style-type: none"><li>▪ As initial, plus</li><li>▪ GTU1</li></ul>	<ul style="list-style-type: none"><li>▪ As initial</li></ul>	<ul style="list-style-type: none"><li>▪ TBD</li></ul>
<b>Advanced</b>	<ul style="list-style-type: none"><li>▪ As Intermediate, plus</li><li>▪ GTU2</li></ul>	<ul style="list-style-type: none"><li>▪ ECB Certificate in Coaching Young People &amp; Adult's Cricket</li></ul>	<ul style="list-style-type: none"><li>▪ TBD</li></ul>

### Education Courses

Identified education courses for coaches are:

- SISU Education: <http://www.sisuidrottsutbildarna.se/>
  - **Ny som ledare.** Kvällen vänder sig till dig som är helt ny som ledare och som nu har tackat ja till ett ledaruppdrag inom idrotten. Vi delar in kvällen i två delar: (1), idrottens värdegrund som har fokus på vad svensk barn- och ungdomsidrott handlar om och vilka styrdokument som vägleder oss. Den ger dig grunden för hur du bäst bedriver verksamhet som utvecklar barnen. Och (2), fokus på ditt praktiska uppdrag, hur fungerar barn och vad finns det för praktiska knep att tänka på som kommer göra det lättare för dig.
  - **Plattformen - barn och ungdom.** I Plattformen - barn och ungdom får du möjlighet att lära dig grunderna för att utveckla dina förmågor som självständig idrottsledare med ett positivt förhållningssätt till dina aktiva.
  - **GTU1, Grundtränarutbildning 1.** Utbildningens syfte på nivå 1 är att ge kursdeltagaren ökade kunskaper om ungdomars utveckling och behov i åldersfasen 11 till 15 år, samt hur olika typer av ledarskap påverkar inlärningsklimatet och motiverar ungdomar till fortsatt idrottsutövning.
  - **GTU2, Grundtränarutbildning 2.** På GTU 2 fördjupar du dina kunskaper inom träningslära och utökar dina kunskaper om ungdomars utveckling och behov i åldersfasen efterpubertet till äldre ungdom.
  - **FaR för Barn och Unga.** Att du har utökad kompetens och beredskap att ta emot barn och ungdomar som ordinerats fysisk aktivitet. Att du har kunskap och förståelse för barns fysiska och psykosociala utveckling och vad det innebär för dig som ledare.

Att du kan anpassa din verksamhet för att stärka individens självkänsla och vilja att fortsätta eller komma igång med fysisk aktivitet. Att du har förståelse för vikten av bemötande och förhållningssätt

- ECB Coaches Education: <http://www.ecb.co.uk/development/coaching/coach-education>
  - **ECB Certificate in Coaching Children's Cricket.** This course is designed to help to develop your confidence and equip you with the knowledge, understanding and applied skills to lead coaching sessions for children and create safe, fun, player-centred coaching environments.
  - **ECB Certificate in Coaching Young People & Adult's Cricket.** This course is designed to help to develop your confidence and equip you with the knowledge, understanding and applied skills to lead coaching sessions for young people and adults and create safe, enjoyable, stimulating player-centred coaching environments.

Education provided through SCF or ICC sources has not been analysed. Discussion will be held with David Wilman (SCF coach) regarding this.

#### *Documentation*

Identified documentation to support coaches:

- NZ Cricket:
  - Have A Go (HAG)
  - Active Cricket
- ECB:
  - Kwik Cricket

## Appendix B – Recommendations for Junior Cricket

	U10	U13	U15	U17	U19
<b>Playing Conditions</b>					
Rules	Kwik Cricket	Kwik Cricket			SCF T20
Pitch	14m	16m	20.12m	22m	22m
Ball	Soft ball; Gray Nicholls Wonderball, Kookaburra Supersoft	Soft ball; Gray Nicholls Wonderball, Kookaburra Supersoft	Junior; 144g	Junior; 144g	Mens; 157g Womens; 151
Stumps	66.1cm x 19.6cm	66.1cm x 19.6cm	71.1cm x 22.9cm	71.1cm x 22.9cm	71.1cm x 22.9cm
Helmet – Batsman	-	-	Yes	Yes	Yes
Helmet – Keeper*	-	-	-	Yes	Yes
Fielding distance from bat	14m	10m	10m	10m	-

\*when standing up to the wicket